

# ProBatter | By Gary Kirsten Cricket 2020 Weekly Schedule



WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BASICS	GROUPS	1-2-1	GROUPS	ALTERNATE SKILL	1-2-1
PACE THEME	MASTERCLASS	SKILLS SESSION	MIDDLE	SKILLS SESSION	PRESSURE SESSION
SPIN THEME	GROUPS	1-2-1	GROUPS	ALTERNATE SKILL	1-2-1
WHITE BALL THEME	MASTERCLASS	SKILLS SESSION	MIDDLE	SKILLS SESSION	PRESSURE SESSION
REST WEEK	EXCURSION	EXCURSION	EXCURSION	EXCURSION	EXCURSION
RED BALL THEME	MASTERCLASS	SKILLS SESSION	MIDDLE	SKILLS SESSION	PRESSURE SESSION
RED BALL PREP	GROUPS	1-2-1	GROUPS	ALTERNATE SKILL	1-2-1